



## Kosher Food Sort

This activity can be used to see how well the children have understood the rules of Kashrut (Jewish food rules).

- Give the children the accompanying sheet
- There are 4 circles: meat, dairy, Pareve (not meat or dairy), and Not Kosher
- Around the circles are names of foods
- The children should write the foods in the correct circle.

Meat	Dairy	Pareve	Not Kosher
<ul style="list-style-type: none"> <li>• Roast beef</li> <li>• Chicken wings</li> <li>• Lamb kebab</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese and tomato pizza</li> <li>• Milk chocolate buttons (non-dairy chocolate is Pareve)</li> <li>Yoghurt</li> </ul>	<ul style="list-style-type: none"> <li>• Lettuce</li> <li>• Fish and Chips. (The fish part of this meal is actually Jewish in origin. The first fish and chip shop was opened by a Jewish family)</li> <li>• Bread</li> <li>• Eggs</li> <li>• Crisps</li> <li>• apples</li> </ul>	<ul style="list-style-type: none"> <li>• Haribo (Just like for Muslims, the gelatine is a problem. Haribo make Kosher Haribo, or people can buy vegetarian Haribo)</li> <li>• Bacon Sandwich</li> <li>• Lasagne (Mixes milk and meat. A vegetarian Lasagne is Kosher)</li> </ul>